

## Places of Interest Related to this Topic.

- Florence Nightingale Museum, London
- Eureka, Halifax (our bodies and exercise section)
- Park View 4U, Lytham

## Useful Websites Related To This Topic

<https://www.florence-nightingale.co.uk/>  
<https://www.nhs.uk/live-well/eat-well/the-eatwell-guide/>  
<https://www.purplemash.com/login/>  
<https://trockstars.com/>  
<https://www.phonicsplay.co.uk/>

## How Can My Parent Help Me?

In Class 1, the children will be reading a variety of genres looking at fiction and non-fiction texts. The pupils will be learning about Florence Nightingale and why she was known as "The Lady with the lamp" as well as the importance of a healthy, balanced diet and the impact of exercise on their body. The best way you can continue to support the fantastic learning and enthusiasm at home is keep up the daily reading with your child and asking them questions about what they have read and learnt. The home learning Pick and Mix menus are designed to be engaging and relevant to your child's learning. Please allow them to pick whatever they choose and carry it out as independently as possible.

Please talk to your child about what they are learning. Take them on trips and share what you are passionate about with them too. Talking is the best way to expand their vocabulary and develop their general knowledge. Any questions please get in touch with us via seesaw or e-mail: [ab-yrne@st-maryscaughton.lancs.sch.uk](mailto:ab-yrne@st-maryscaughton.lancs.sch.uk)

## School Prayers –

St. Mary, guide us on our journey of faith

Nurture in us a love of learning

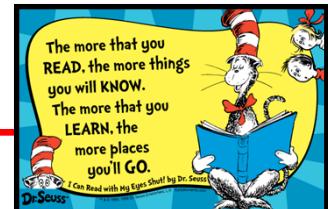
And a love of each other

Encourage in us happiness, confidence

And the desire to do the very best we can

In all that we do and say.

Amen.



God our Father, we come to say

Thank you for your love today.

Thank you for my family

And all the friends you give to me.

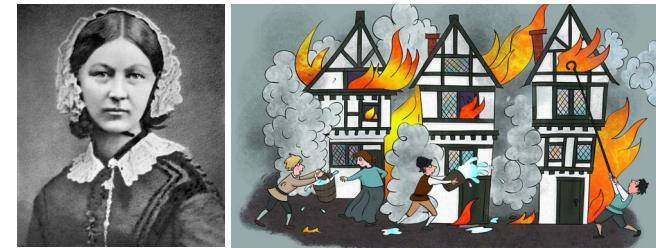
Guard me through the dark of night

And in the morning send your light.

Amen.

# Fighting Fit & Florence Nightingale

## Class 1—Reception, Year 1 and Year 2



## Curriculum Learning Booklet

This term pupils will be going on an exciting journey through history learning all about Florence Nightingale and the important role that she played in helping others. Our topic will be the centre of our creative curriculum exploring the NHS, healthy diets, creating our own torches and the effects of exercise on our bodies. We will be learning traditional tales and then rewriting them with a twist in the events or character stereotypes!

## Trips and visits

We will be linking a school in Malawi to find out about life there including their emergency services as well as getting a visit from Florence Nightingale herself!

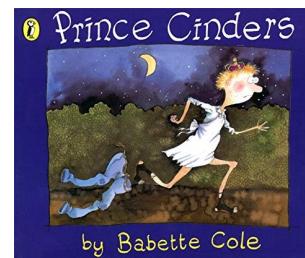
## Key Vocabulary

Florence Nightingale, invented, torch, carbohydrates, proteins, dairy, fruit and vegetables, fats and sugars, balanced diet, nutrients, emergency services.

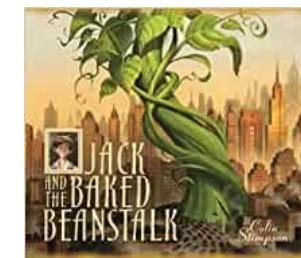
## In this topic you will learn...

<b>English</b>	Explore a variety of text types. Practise key skills; handwriting, letter formation and sentence structure. Be able to construct sentences with correct punctuation, grammar and spelling learnt so far. Explore the use of adjectives and time connectives to develop writing skills. Introduce present and past tense.
<b>Mathematics</b>	Understand place value and have a secure understanding of numbers to 10, 20 and 50. Use this knowledge to help with addition and subtraction. Be confident with fact families and number bonds within 10 and 20. Apply addition and subtraction skills through money and word problems.
<b>Science</b>	Know what we need to grow and stay healthy including a balanced diet and how food is grown.. Understand the importance of exercise and how this effects our heart rate.
<b>Art</b>	Drawing and painting parts of the human body using observational skills. Creating sculptures of people inspired by Haring.
<b>Geography</b>	Learning about the world's oceans, their importance and the difference between oceans near the North Pole and the Equator. Understand why the oceans are under threat and the measures that people are taking to protect them.
<b>History</b>	Researching Florence Nightingale as a significant person in history. Learn the Chronological events of her involvement in the Crimean War and the development of the NHS. Have an understanding of what life was like in the 19th century.
<b>P.E</b>	Developing fundamental movement skills (jumping, running, under and overarm throws, catching, rolling, hopping etc).
<b>Music</b>	Create and explore sounds with a focus on making sounds in different ways linked to the body. Produce vocal and rhythmic performances of salsa music.
<b>R.E</b>	The Chosen People. To talk about being chosen and answer questions and retell the story of Abraham. To describe what this story tells me about God. Remembrance Sunday—to understand why we commemorate Remembrance Sunday.
<b>Computing</b>	To understand that there are different ways to create or produce a sequence of commands including verbal, recorded, graphical and pressing buttons on screen using Purple Mash.

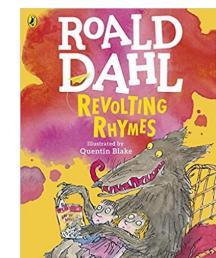
### Babette Cole



### Colin Stimpson



### Roald Dahl



### Important Information for this half term

UK Parliament week 1st—7th November

Remembrance Thursday 11th November

Anti-bullying week: One Kind Word 15th—19th November

Monday Art club, Thursday Gardening and growing club until 4:30pm.

Swimming lessons on a Wednesday and P.E lessons on a Thursday.

Reading books changed daily if they have been finished.

### What would you like to learn about during this topic?

### Message from the teachers

Welcome everyone back to school and to a very busy and exciting term! This is your Curriculum Topic Booklet for your topic 'Fighting Fit and Florence Nightingale!' Inside you will find a breakdown of the milestones we hope to achieve as well as key information / vocabulary about your learning. There is a list of upcoming events and a list of useful websites for you to use to further extend your learning at home. Please add something you wish to learn about in the box above, so that you can influence your learning during this topic. Thank you!!