

NEWSLETTER FRIDAY 9 SEPTEMBER 2022

St Mary's Catholic Primary School, Smithy Lane, Claughton-on-Brock, PR3 0PN Tel: 01995 640258

A small school with a big heart



Star of the Week Class 1

Millie: for taking pride in all her work this week.

George: for his super work ethic all week.

Star of the Week Class 2

Logan: for showing a fantastic subject knowledge of the human body.

Tilly: for making an excellent start to the school year.



Big Hearts are awarded to:

Dexter: for being a kind and helpful mature Year 2 pupil.

James M: for being a kind and caring member of Class Two. You are proving to be a super role model.

Wishing you all a very warm welcome back to St Mary's!

Notices

Sport at St Mary's: great news: for the academic year 2021/2022 we achieved a Gold School Games Award for our participation and excellence in PE and sport across school. Well done and thank you to everyone who supported the school in achieving this award. Well done!

School photographs: will be taken first thing this coming Monday, 12 September. Children in Class Two need to attend in uniform and bring their PE kit with them. Thank you.

Charges: a reminder of charges for our new offerings ... Music lessons are £2 (group) and £7 (individual). Morning drop-off is £1. After-school club is £4 until 4.30pm and £7 until 5.30pm. School dinners are £2.50 per meal.

Payments to school: school dinners, music lessons, morning drop-off and after-school club charges will be invoiced to you at the end of each month. Please pay by bank transfer wherever possible. Details will be on the invoice. Please use your child's name as the reference. If you are making one payment for multiple items, please send the office a quick email explaining the breakdown. Many thanks.

Childcare vouchers: if you wish to use vouchers to pay for morning drop-off and after-school club, please email the office with details of your voucher provider so that we can set their scheme up on our systems. We have to do this before we can process the voucher payment.

Swimming: there is no swimming this term.

Water bottles: please note that water bottles should contain water only. Fruit juices, cordials and so on are not allowed. Thank you.

Packed lunch days: our new exciting school dinners are now up and running. As you are aware, the dinners are transported from the kitchen of another school. There are three dates this year when their kitchens will not be open due to inset days taking place. On those days we would ask that you send your children to school with a packed lunch.

The dates are: 3 January 2023, 4 January 2023 and 26 May 2023. We will issue reminders nearer the time.

Allergies: please find at the end of this newsletter a list of possible allergens that may be present in the food served in school at lunch times and in after-school club. We are obliged to make you aware of this.

PE Days: will be on Tuesday and Thursday for Class One, and on Monday and Wednesday for Class Two. Please send your child into school in their PE uniform on PE days. (On Monday 12 September pupils need to come in uniform for the photographs and bring their PE kits with them.)

The Week Ahead

Monday 12 September School photographs

Class Two PE

Tuesday 13 September Class One PE

Wednesday 14 September Class Two PE

Thursday 15 September Class One PE

Friday 16 September Class 1 Forest school enrichment club until 4.30pm

Class 2 Lego coding enrichment club until 4.30pm

Dates For Your Diary

Monday 19 September Reception Class photo for the Lancashire Evening Post

Tuesday 18 October Macmillan coffee morning and music concert 2pm

Friday 21 October School closes at 3.30pm for half term



Let us pray
Almighty ever-living God,
life of all that is mortal and joy of the saints,
we humbly pray to you for your servant
Elizabeth our Queen,
that, freed from the bonds of mortality,
she may possess your Kingdom in everlasting
glory. Through Christ our Lord.
Amen

We continue to pray for the people of Ukraine...

Loving God,

We pray for the people of Ukraine, for all those suffering or afraid,

that you will be close to them and protect them.

We pray for world leaders, for compassion, strength and wisdom to guide their choices.

We pray for the world that, in this moment of crisis,

we may reach out in solidarity to our sisters and brothers in need.

May we walk in your ways, so that peace and justice

become a reality for the people of Ukraine and for all the world. Amen.

Wishing you all a pleasant weekend and we'll see you on Monday...

ALLERGEN LIST

Celery This includes celery stalks,

leaves and seeds and celeriac. It is often found in celery salt, salads, some meat products, soups and stock cubes.

Cereals containing gluten

This includes wheat (such as

spelt and Khorasan

wheat/Kamut), rye, barley and oats. It is often found in foods containing flour, such as some baking powders, batter, breadcrumbs, bread, cakes, couscous, meat products, pasta, pastry,

dusted with flour.

sauces, soups and foods

Crustaceans This includes crabs, lobster,

prawns and scampi. It is often found in shrimp paste used in

Thai curries or salads.

Eggs This is often found in cakes,

some meat products,

mayonnaise, mousses, pasta, quiche, sauces and foods brushed or glazed with egg.

Fish This is often found in some

fish sauces, pizzas, relishes, salad dressings, stock cubes and in Worcestershire sauce.

Lupin This includes lupin seeds and

flour, and can be found in some types of bread, pastries

and pasta.

Milk This is found in butter,

cheese, cream, milk powders and yoghurt. It is often used in foods glazed with milk, powdered soups and sauces.

Molluscs This includes mussels, land

snails, squid and whelks. It is often found in oyster sauce or as an ingredient in fish stews.

Mustard This includes liquid mustard,

mustard powder and mustard seeds. It is often found in breads, curries, marinades, meat products, salad dressing,

sauces and soups.

Nuts This includes almonds,

hazelnuts, walnuts, cashews,

pecan nuts, Brazil nuts,

pistachio nuts, macadamia or Queensland nuts. These can be found in breads, biscuits, crackers, desserts, ice cream, marzipan (almond paste), nut

crushed or flaked almonds are often used in Asian dishes such as curries or stir fries.

This can be found in biscuits,

oils and sauces. Ground,

cakes, curries, desserts and sauces such as for satay. It is also found in groundnut oil

and peanut flour.

Sesame seeds This can be found in bread,

Peanuts

breadsticks, houmous, sesame oil and tahini (sesame paste).

Soya

This can be found in beancurd, edamame beans, miso paste, textured soya protein, soya flour or tofu. It is often used in some desserts, ice cream, meat products,

products.

Sulphur dioxide

This is often used as a preservative in dried fruit, meat products, soft drinks and vegetables.

sauces and vegetarian